



Multi-Day Trip

# Women's 5 Day Trekking Tour

WARRUMBUNGLES



ITINERARY AND INFORMATION

## OVERVIEW

Welcome to Warrumbungle National Park, where you'll be treated to an array of breathtaking geological wonders, diverse wildlife, and sweeping views that will leave you in awe. We've got a five-day trip planned out for you that'll have you filled with laughter, seeing stunning sights and making lifelong connections. The scenic trails, warm campfire atmosphere, and delicious hot tea and food await you. So come and explore one of Australia's most scenic National Parks.

## HIGHLIGHTS

**Explore the heart of central New South Wales and embark on a journey through Warrumbungle National Park, home to a diverse range of hikes and stunning scenery.**

**Experience the magic of the night sky in Australia's only Dark Sky National Park, with clear skies and minimal light pollution providing the perfect setting for stargazing and camping under the stars.**

**Enjoy a delicious evening meal cooked by experienced wilderness guides, with the warmth of the campfire and the stars above creating an unforgettable dining experience.**

**Reach new heights with breathtaking summit views from Beloungery Split Rock, The Grand High Tops, Mt Exmouth and Fans Horizon.**



## DETAILS

**Day one meeting time:** 3pm

**Location:** Our meeting location will be Camp Walaay, campsites 2 (or 3)

**Times:** Finish time on day five: between 2 p.m. and 2.30 p.m

**Days:** Five days and four nights

**Grade:** Moderate grade

**Accommodation:** Camping, twin share with single supplement tents available

**Numbers:** Two guides and a maximum of 11 women per group

**Ages:** Over 18 years of age

# ITINERARY

## DAY 01

### Arrival at Camp Walaay

Welcome to the exciting adventure of Warrumbungles National Park! To start off, drive to Coonabarabran and follow the directions towards the Warrumbungles, just half an hour north of town. Keep an eye out for the information centre on the way, as you'll be heading towards Camp Blackman. When you cross the creek, take the first left towards Camp Walaay, where you'll be arriving at 3pm to check-in to the campground No. 2 or 3, which will be our base camp during the trip. Don't worry if you have trouble finding us, just look for the group of happy campers and give us a call! We'll be allocating a tent for each of you, which will be already set up, but don't forget to bring your sleeping bag and mat. After everyone has arrived, we'll have a warm welcome with afternoon tea and your guides will take you through the exciting itinerary for the upcoming days. To kick things off, we'll take a short warm-up hike and enjoy the breathtaking scenery along the 3km Wambelong Nature Trail. And what better way to end the day than relaxing around the campfire and indulging in a delicious dinner, prepared just for you!

- Meals: Afternoon tea on arrival, dinner and dessert
- Distance: Optional Wambelong Nature Trail, 1km short loop

## DAY 02

### The Grand High Tops via Breadknife Loop Walk

Wake up to a beautiful morning serenaded by birdsong and the friendly competition among our guides for the best morning brew. Join us at 6am for a wholesome breakfast, perfectly tailored to energise you for the exciting day ahead. Today, we're embarking on a memorable journey to the Grand High Tops. This 15 km loop hike will take us through varied terrains and breathtaking landscapes. It's a full-day hike that promises not just a physical challenge, but also rewarding views from the summit that you'll cherish forever.

Post-hike, we'll head back to Camp Walaay where a delectable dinner awaits us. It's the perfect setting to relax, share stories of our day's adventures, and enjoy some well-earned rest.

- Meals: A full spread including Breakfast, Morning Tea, Lunch, Dinner, and Dessert
- Distance: 15-km hike, ascending 960 meters to remarkable views

## DAY 03

### Hiking the Beloungery Split Rock Loop and visiting the Visitor Centre

Start your morning at 7:30 am with a delicious breakfast, fueling up for today's highlight: conquering Beloungery Spire. This hike may be steep and sprinkled with some playful rock scrambles, but the panoramic view from the top over the Warrumbungle Range is absolutely rewarding.

Post-hike, enjoy a satisfying lunch before we head to the Warrumbungles Visitor Centre. Here, you'll have the opportunity to delve into the local history, pick up a unique souvenir, and explore engaging exhibits.

In the afternoon, we're off to the stunning White Gum Lookout, a must-see vista in the region. We'll drive to the perfect spot to watch the sunset, celebrating the day with a glass of wine and a delightful cheese platter.

The day winds down with a return to Camp Walaay, where a scrumptious dinner prepared by our expert guides awaits. It's the perfect time to relax and share stories from our day's journey.

- Meals: Breakfast, Morning Tea, Lunch, Dinner, and Dessert
- Distance: 5km hike, ascending 771 meters

## DAY 04

### The Mount Exmouth Hike -Out and Back Hike

We'll begin our day at the break of dawn at 6am, and you'll be greeted with a tasty breakfast spread to kickstart your morning. Today's highlight is a thrilling ascent to the peak of Mt Exmouth, standing as the grand sentinel of the Grand High Tops at an impressive height of 1206 meters. It's the tallest in the range and promises an unforgettable experience.

Once we've conquered the summit, a well-earned lunch awaits. Afterward, we'll return to Camp Walaay for some essential rest and relaxation. This evening, let's make the most of our last night together, creating lasting memories.

- Meals: A full day's sustenance with Breakfast, Morning Tea, Lunch, Dinner, and Dessert
- Distance: A challenging yet rewarding 17km, peaking at 1206 meters



## DAY 05

### Departure Day

As we say goodbye to the Warrumbungles, we invite you to join us for one final stroll. This morning, we'll take an easy walk to Tara Cave, offering a chance to stretch our legs and reflect on the wonderful week we've spent together. It's a time to share stories and savor the last moments of our journey before returning to Camp Walaay and concluding our adventure at 11am approx.

- Meal: Breakfast and morning tea
- Distance: A gentle 3.5-kilometer walk, with a modest elevation of 209 meters

# ITINERARY

## WHAT'S INCLUDED

- Two wilderness female guide/s
- Camping for four nights (twin share)
- Five breakfasts, four lunches, four dinners, and snacks, hot drinks
- Fees for National Parks
- Cooking and eating equipment, camp chairs and tables, and a tarp for the group
- Group first aid kit and emergency communication
- Meals outlined in the itinerary
- Tea and coffee

## WHAT'S NOT INCLUDED

- The transport to Camp Walaay
- Travel and trek insurance (try FLIP Insurance)
- Accommodations before or after a trip
- Sleeping bags (or bring your blanket)
- Mats for sleeping
- Pillows



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